

TRIVIA NIGHT

CONGRATS TO OUR PTO ON A SUCCESSFUL
TRIVIA NIGHT !

AMOUNT RAISE : \$15,005.66

THANK YOU TO ALL OUR SPONSORS, CLASSROOMS
AND PARENTS WHO SUPPORTED THE PTO TRIVIA
NIGHT !



Flu Season

We have had some cases of Influenza A reported at school and we contacted the LaSalle County Health Department to see if we needed to be concerned. The County Health Department mentioned this is not the only disease out there making people sick this time of year, but they also have reports of children having strep and stomach flu. Most people think of diarrhea, throwing up, dehydration and body aches when they think of flu but that's not really the case with Influenza A. This is type of flu that affects the upper respiratory system.



What is the Flu?

The flu, or influenza, starts with a virus that causes a respiratory illness. Flu symptoms include a high fever, chills, dry cough, sore throat, and muscle aches. Complications can occur because your immune system may be run down by the virus, allowing secondary bacterial infections to cause illnesses such as bacterial pneumonia. The flu can worsen diabetes, heart failure, and asthma. Young children and the elderly are particularly susceptible to flu and resulting complications.

Transmission

Influenza and the other diseases can be transmitted through the air by coughing and sneezing. It can also be caught through touch. If you touch the droplets from a sneeze or a cough that have landed on a table or a telephone and then touch your eyes, mouth, or nose, you may get the flu virus. **It is important to note that you can pass the virus on to someone else, before you actually start to feel any flu symptoms.**

Prevention

There are simple means of helping to prevent getting the flu and helping to prevent spreading the flu. Please cover these with your children. Always cover your mouth when you sneeze or cough with a tissue or sleeve rather than your hands. This will help keep airborne transmission of the flu virus down. Throw away tissues as soon as possible. Wash your hands frequently. Remind your children not to share items and food with their friends or family since the number one way to transport the disease is through direct contact. Try to remember not to touch your eyes, mouth, or nose. If they are sick with the flu, do not push it; have your child stay at home. Doctors are recommending two to three days bed rest before returning. This will help with preventing the spread of it. The child may return if they still have a cough, but keep in mind **they should not return if your child has the following:**

1. Has a fever (Should be fever free for 24 hours)
2. Deep cough or congestion
3. Activity level is low or has no energy

If your child is having these symptoms, they need to stay home to prevent the spread of the disease to someone else. Please have a current phone number where we can reach you or a relative in case your child needs to be picked up during the school day. Hopefully, by working together, we can reduce the number of sick students and be healthy again at Grand Ridge School.



***“Star of the Quarter”* Winners**

2nd Nine Weeks January 2018:

Congratulations!

Kindergarten: Nora Marek
First Grade: Cessily Patton
Second: Kieran Black
Third Grade: Lexi Sawin
Fourth Grade: Noah Marvin
Fifth Grade: Oleeta Orsburn
Sixth Grade: Andrew Ristau
Seventh Grade: Faith Maltby
Eighth Grade: Allie Snyder

Character Trait: SHOWING EMPATHY TOWARDS OTHER PEOPLE

Keep-Being-Kind!



Calendar of Events

Mon. Feb. 19 - No School - Presidents' Day

Tues. Feb. 20 - 6/7 and 8th Volleyball @ Tonica

Wed. Feb. 21 - Senior Lunch 12:00 p.m.
2:20 Dismissal

Thur. Feb. 22 - 5/6 Volleyball vs. O Washington 5 p.m.
7/8 Volleyball @ MVK 4:30 p.m.

Fri. Feb. 23

Sat. Feb. 24 - 7th Volleyball Regionals

Special Birthdays

| | | | |
|-------------------------|-------------------------|-----------------------------|--------------------------|
| Feb. 13 Isak Grammer | Feb. 14 Ryan Seibert | Feb. 16 Lillianna Negray | Feb. 21 Mrs. O'Connor |
|-------------------------|-------------------------|-----------------------------|--------------------------|

PLEASE NOTE:

MENU IS SUBJECT TO
CHANGE WITH
AVAILABILITY

Lunch & Breakfast Menus

| | Monday Feb. 19 | Tuesday Feb. 20 | Wednesday Feb. 21 | Thursday Feb. 22 | Friday Feb. 23 |
|----------------|-------------------|--|--|---|--|
| Breakfast Menu | No School | Cereal Poptart Fruit Juice | Cereal Granola Bar Fruit Juice | Cereal Honeymaid Fruit Juice | Strawberry Chex Yogurt Fruit Juice |
| Lunch Menu | No School | Hot Dog on Bun Baked Beans Applesauce Pudding Condiments | Turkey Sweet Potatoes Pears Rolls | Chicken Patty w/ Cheese on Bun Broccoli Mandarin Oranges Condiments | Brunch 4 Lunch Omelet Diced Potatoes Toast / Jelly Orange Smiles |

LIBRARY CARDS

The Farm Ridge Township Library District will reimburse for Library Cards. The Streator Library has opened their doors to families in the Grand Ridge area. Library cards are \$36.00. If your family lives in Farm Ridge Township, the Library District will reimburse you, so your card is free.

Have the Library give you a receipt and send it to:

Farm Ridge Township Library District
Attention: Jeff Graham
228 Penn St.
Grand Ridge, Illinois 61325



Library

Resources

\$15
T-shirt

Pontiac
Ball For A Cause
3on3
Basketball Tournament



Sizes Available

Youth S-L * Adult S-2XL * Adult 3XL-4XL (Please add \$2 per item)

2" Name & 6" Number on Back
\$3.00

NAME

2

| Name | Name/Number on Back Add \$3.00 for name/number | Size | \$ |
|------|---|------|----|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Pre-order Deadline March 6, 2018

Total Due: _____

Payment is required at time of order.

Make Checks Payable to "The General Store"

A portion of the proceeds goes to Austin Eggleston

Coach's Name: _____ Phone: _____

Team Name: _____

Nerf Dodgeball Tournament 5th-8th Grades

Date: Friday, March 16th

Time: 4:30pm-6pm (players check-in at 4pm)

Location: Central Intermediate School Gymnasium

Cost: \$5 per person to play or \$3 at the door to watch

All 5th-8th grade students (teacher teams are welcome) are invited to play in a Nerf Dodgeball Tournament. Students may have up to six players. All players **MUST** have a signed consent form in order to participate. Any students without the proper consent will not be allowed to play on the day of the tournament. The tournament will involve single elimination with a consolation bracket. A prize will be awarded to the winning team as well as the best dressed team. Team registration, player fees, and consent forms for all players **must** be turned into the office by Wednesday, March 14th. For questions, contact Mrs. Conley at Central Intermediate School or Shepherd Middle School.

LATE REGISTRATION WILL NOT BE ACCEPTED.

What if I don't want to play? Can I still come? Anyone is welcome to come and watch the tournament! All spectators will be charged a \$3 admission fee at the door. Doors open for spectators at 4:15pm.

Concessions will be sold during the tournament, so students are encouraged to bring extra money to purchase food and drinks.

**All proceeds from the tournament will benefit the Illinois Valley Anti-Drug Coalition.*

-----Detach Here-----

Player Registration- Only one form will need to be filled out per team. Please remember to give your team a name. You do NOT have to have 6 players to play. Player consent forms and money must be submitted to the office with the registration form by Wednesday, March 2nd.

Team Name:

| Students' First and Last Name | Grade Level | School Name |
|-------------------------------|-------------|-------------|
| 1.) | | |
| 2.) | | |
| 3.) | | |
| 4.) | | |
| 5.) | | |
| 6.) | | |

All paperwork and questions need to be directed to Central School or Shepherd Middle School

*If you don't have a team and would like to still play- please write "Put me on a team" and return this form with money and consent.

Nerf Dodgeball Consent Form

In order to be eligible to play, all team members MUST submit a signed consent form with team registration.

I, the legal parent/guardian, give my child _____ permission to participate in the IVADC's nerf dodgeball tournament. I understand that this is not a school sponsored event and that the IVADC and Ottawa Elementary School District shall not be held liable for any accidents that may occur.

Parent/Guardian Signature: _____

Nerf Dodgeball Consent Form

In order to be eligible to play, all team members MUST submit a signed consent form with team registration.

I, the legal parent/guardian, give my child _____ permission to participate in the IVADC's nerf dodgeball tournament. I understand that this is not a school sponsored event and that the IVADC and Ottawa Elementary School District shall not be held liable for any accidents that may occur.

Parent/Guardian Signature: _____

Nerf Dodgeball Consent Form

In order to be eligible to play, all team members MUST submit a signed consent form with team registration.

I, the legal parent/guardian, give my child _____ permission to participate in the IVADC's nerf dodgeball tournament. I understand that this is not a school sponsored event and that the IVADC and Ottawa Elementary School District shall not be held liable for any accidents that may occur.

Parent/Guardian Signature: _____

Nerf Dodgeball Consent Form

In order to be eligible to play, all team members MUST submit a signed consent form with team registration.

I, the legal parent/guardian, give my child _____ permission to participate in the IVADC's nerf dodgeball tournament. I understand that this is not a school sponsored event and that the IVADC and Ottawa Elementary School District shall not be held liable for any accidents that may occur.

Parent/Guardian Signature: _____

Nerf Dodgeball Consent Form

In order to be eligible to play, all team members MUST submit a signed consent form with team registration.

I, the legal parent/guardian, give my child _____ permission to participate in the IVADC's nerf dodgeball tournament. I understand that this is not a school sponsored event and that the IVADC and Ottawa Elementary School District shall not be held liable for any accidents that may occur.

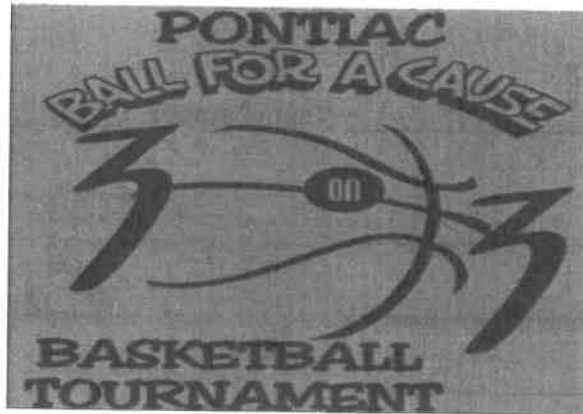
Parent/Guardian Signature: _____

Nerf Dodgeball Consent Form

In order to be eligible to play, all team members MUST submit a signed consent form with team registration.

I, the legal parent/guardian, give my child _____ permission to participate in the IVADC's nerf dodgeball tournament. I understand that this is not a school sponsored event and that the IVADC and Ottawa Elementary School District shall not be held liable for any accidents that may occur.

Parent/Guardian Signature: _____



The 2nd Annual 3 on 3 Tournament is a fundraiser for Austin Eggleston and his family.

Austin Eggleston is an 8th Grader at St Mary's School. He is at Lurie Hospital in Chicago awaiting a heart transplant. His parents and grandparents take turns staying with him so he is never alone as the call for the transplant may come at any time. His sister Flynn is in Kindergarten at Pontiac District 429.

ALL PROCEEDS FROM THIS EVENT WILL GO DIRECTLY TO THE EGGLESTON FAMILY FUND

TOURNAMENT DETAILS

DATE: SATURDAY, MARCH 10, 2018

COST: \$40 PER TEAM – 4 PLAYER MAX

TIME: TBD. PLAY WILL START AT 9:00AM. ALL TEAMS WILL NEED TO BE PRESENT 30 MINUTES BEFORE FIRST GAME

**LOCATION: PONTIAC JUNIOR HIGH GYM AND WASHINGTON GYM
600 MORROW ST PONTIAC, IL 61764**

****ALL TEAMS GUARANTEED 2 GAMES****

DIVISIONS:

| | | | | |
|-------|-----------------------|-----------------------|-----------------------|-----------------------|
| Girls | 5 th Grade | 6 th Grade | 7 th Grade | 8 th Grade |
| Boys | 5 th Grade | 6 th Grade | 7 th Grade | 8 th Grade |

****T-SHIRTS AVAILABLE MUST BE PRE-ORDERED****

Forms and entry fee must be returned by March 6, 2018. Forms can be mailed to Mark Donovan at 18850 E 1700 North Rd Pontiac, IL 61764 or dropped off at Bank of Pontiac-Main Branch.

ANY QUESTIONS?? PLEASE CALL/TEXT Mark Donovan @ (815) 579-8960 or email @ mdonovan@bankofpontiac.com

ENTRY FORM

Team Name _____ Team Captain _____

Player's Name

1. _____
2. _____
3. _____
4. _____

Phone # _____ Email Address _____

Game times will be emailed out by Thursday, March 8th.

Divisions – Please choose ONLY 1 division.

| | | | | |
|-------|-----------|-----------|-----------|-----------|
| Girls | 5th Grade | 6th Grade | 7th Grade | 8th Grade |
| Boys | 5th Grade | 6th Grade | 7th Grade | 8th Grade |

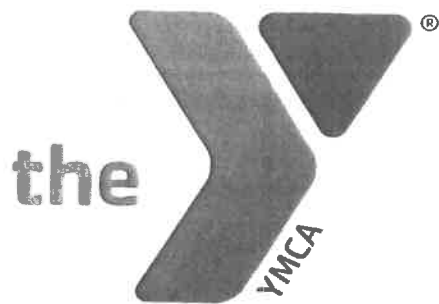
All players' parent/guardian must sign waiver below to be entered in tournament.

Parental Consent

I give consent for my child to participate in the above activities, and I execute and hereby waive, release, and discharge any and all claims for damages for personal injury, property damages or which may hereafter occur to me as a result of participation in said event. This release is intended to discharge in advance Pontiac District 429, its officials, officers, employees, volunteers and agents from liability, even though that liability may arise out of perceived negligence on the part of persons mentioned above. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing those risks, I hereby assume those risks. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assignees.

1. _____
2. _____
3. _____
4. _____

Please return this form and entry fee by Tuesday, March 6, 2018. Please make all checks payable to Pontiac Sports Boosters – Eggleston Fund.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HITTING NEW HIGHS DIGGING NEW LOWS

Girls Instructional Volleyball League



\$40 Members
\$80 Program Participants

Age Groups:

8-10

11-14

15-17

Practice one day a week and games on Saturday at the Y. Good Sportsmanship and core values modeled and promoted. Focus on fundamentals and new skill development. All players receive equal playing time. Team shirts provided. Skilled volunteer coaches. Season runs March 12th-April 28th. Registration begins: Feb 12th

